

## **CURRICULUM VITAE**

**Name:** Mona DeKoven Fishbane

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**Date of Birth:** March 8, 1947

**Place of Birth:** Chicago, Illinois

### **Education:**

1969 B.A.	Wellesley College (Philosophy)
1974 M.S.	University of Massachusetts (Clinical Psychology)
1979 Ph.D.	University of Massachusetts (Clinical Psychology)
1974-75	Graduate Internship in Clinical Psychology, Eitanim Government Psychiatric Hospital, Jerusalem, Israel

### **Licensure and Certification:**

1981-90	Licensed Psychologist, Commonwealth of Massachusetts
1982	Licensed Psychologist, State of California
1982-	Registered Psychologist, Council for the National Register of Health Services Providers in Psychology
1990-	Licensed Psychologist, State of Illinois
2017-	Licensed Psychologist, State of New Jersey

### **Awards, Honors, & Grants:**

1965	Pendleton Scholar, Wellesley College
1968	Wellesley College Scholar, Wellesley College
1969	Durant Scholar, Wellesley College
1969	Graduated with High Honors, Wellesley College
1971-73	National Institute of Mental Health Graduate Fellowship. University of Massachusetts
1977-78	Dissertation Fellowship, Institute for Jewish Policy Planning & Research
2012-13	Grant, the John Templeton Foundation
2017	Family Psychologist of the Year Award, American Psychological Association, Division 43 (Couple & Family Psychology)

**Professional Leadership Positions:**

- 2008-2013 Board Member, American Family Therapy Academy
- 2012- Advisory Board Member, *Family Process*
- 2016- Editorial Board Member, *Couple and Family Psychology*

**Professional Positions:**

- 1979-81 Staff Psychologist, Salem Hospital Mental Health Center, Salem, MA
- 1981-82 Psychologist, Behavioral Medicine Clinic, Psychiatry Department, Stanford University Medical Center, Stanford, CA
- 1982-84 Team Leader, Boston Center for Family Health, Brookline, MA
- 1982-90 Private Practice, Brookline & Newton, MA
- 1983-85 Assistant Attending Psychologist, McLean Hospital, Belmont, MA
- 1988-89 Supervising Psychologist, Student Counseling Service, Hebrew University, Jerusalem, Israel
- 1990- Faculty, Chicago Center for Family Health, Chicago, IL
- 1998-2017 Director, Couple Therapy Advanced Training Program, Chicago Center for Family Health, Chicago, IL
- 1990- Private Practice, Chicago & Highland Park, IL
- 1994-2000 Lecturer, Department of Psychiatry, University of Chicago, Chicago, IL
- 2017- Private Practice, Teaneck, NJ
- 2018- Wise Aging Group Facilitator, JCC of Tenafly, NJ

**Publications:**

Fishbane, M.D. (1994). Ruth: Dilemmas of loyalty & connection. In J. Kates & G. Reimer (Eds.), *Reading Ruth: Contemporary Women Reclaim a Sacred Story*. NY: Ballantine.

Fishbane, M.D. (1997). Integrative supervision philosophy & case study. In C.L. Storm & T.C. Todd (Eds.), *The Reasonably Complete Systemic Supervisor Resource Guide*. Boston: Allyn & Bacon.

Fishbane, M.D. (1998) I, thou, & we: A dialogical approach to couple therapy. *Journal of Marital & Family Therapy*, **24**, 41-58.

Fishbane, M.D. (1999). "Honor thy father & thy mother": Intergenerational spirituality & Jewish tradition. In F. Walsh, (Ed.), *Spiritual Resources in Family Therapy*. NY: Guilford.

Fishbane, M.D. (2001). Relational narratives of the self. *Family Process*, **40**, 273-291.

Fishbane, M.D. (2002). Autonomous and Relational Narratives of the Self: Ethical and Clinical Implications. In K.P. Kopping, M. Welker, & R. Wiehl (Eds.), *Die Autonome Person—Eine Europäische Erfindung?* Munich: Wilhelm Fink Verlag.

- Scheinkman, M. & Fishbane, M.D. (2004). The vulnerability cycle: Working with impasses in couple therapy. *Family Process*, 43, 279-299.
- Fishbane, M.D. (2005). Differentiation and dialogue in intergenerational relationships. In J. Lebow (Ed.), *Handbook of Clinical Family Therapy*. NY: John Wiley & Sons.
- Fishbane, M.D. (2007). Wired to connect: Neuroscience, relationships, and therapy. *Family Process*, 46, 395-412.
- Fishbane, M.D. (2008). "News from neuroscience": Applications to couple therapy. In M. Edwards (Ed.), *Neuroscience & Family Therapy: Integrations and Applications*. Washington, D.C.: AFTA Monograph Series.
- Fishbane, M.D. (2009). Honor your father and your mother: Intergenerational values and Jewish tradition. In F. Walsh (Ed.), *Spiritual Resources in Family Therapy*, 2<sup>nd</sup> Edition. NY: Guilford.
- Fishbane, M.D. (2010). Relational empowerment in couple therapy: An integrative approach. In A.S. Gurman (Ed.), *Clinical Casebook of Couple Therapy*. NY: Guilford.
- Fishbane, M.D. (2011). Facilitating relational empowerment in Couple Therapy. *Family Process*, 50, 337-352.
- Fishbane, M.D. (2012). Neurobiology & family processes. In F. Walsh (Ed.), *Normal Family Processes* (4<sup>th</sup> ed.). NY: Guilford.
- Fishbane, M.D. (2013). A neurobiological-relational approach to couple therapy. In J.V. Jordan & J. Carlson (Eds.), *Creating Connection: A Relational-Cultural Approach with Couples*, pp. 166-185. NY: Routledge.
- Fishbane, M.D. (2013). *Loving with the Brain in Mind: Neurobiology & Couple Therapy*. NY: WW Norton.
- Fishbane, M.D. (2014). Love and its discontents. *Sh'ma: A Journal of Jewish Ideas*, 44, 11-13.
- Fishbane, M.D. (2015). Couple therapy and interpersonal neurobiology. In A.S. Gurman, J. Lebow, & D. Snyder (Eds.), *Clinical Handbook of Couple Therapy*, 5<sup>th</sup> ed. NY: Guilford.
- Fishbane, M.D. & Wells, M.A. (2015). Toward relational empowerment: Interpersonal neurobiology, couples, and the societal context. In C. Knutson-Martin, M.A. Wells, & S.K. Samman (Eds.), *Socio-Emotional Relationship Therapy: Bridging Emotion, Societal Context, and Couple Interaction*. Springer.
- Fishbane, M.D. (2016). The neurobiology of relationships. In T.L. Sexton & J. Lebow (Eds.), *Handbook of Family Therapy* (4<sup>th</sup> ed.). NY: Routledge.
- Fishbane, M.D. (2018). Healing intergenerational wounds. *Sh'ma Now: A Journal of Jewish Sensibilities*, 48, p. 3.
- Fishbane, M.D. (2019). Healing intergenerational wounds: An integrative relational-neurobiological approach. *Family Process*. doi: 10.1111/famp.12488, pp. 1-23.

**Memberships in Professional Societies:**

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|---------|--|
| 1977-90 | Society for Family Therapy and Research  |
| 1981-   | American Psychological Association   |
| 1981-90 | Massachusetts Psychological Association  |
| 1988-89 | Israel Association for Marital and Family Therapy  |
| 1992-   | American Family Therapy Academy  |
| 1994-   | Approved Supervisor, American Association for Marriage & Family Therapy; Member & Clinical Fellow, AAMFT |
| 2017-   | Society for the Exploration of Psychotherapy Integration (SEPI)  |

**Memberships in Professional Study and Consultation Groups:**

1981-90	Family Systems Consultation Group, Brookline, MA
1984-87	Therapeutic Resources, Brookline, MA
1984-86	Couple Therapy Study Group, Newton, MA
1986-88	Systemic Family Therapy Study Group, Newton, MA
1986-90	Boston Contextual Therapy Group, Cambridge, MA
1988-89	Martin Buber Study Group, Jerusalem, Israel
1990-	Colleague Consultation Group, Highland Park, IL
1991	Couple Therapy Colleague Consultation Group, Chicago, IL
1991-92	Relational/Systemic Consultation Group, Evanston, IL
2004-	Couple Therapy Colleague Consultation Group, Chicago, IL

**Advanced Professional Training:**

1977-78	Member, Seminar on Family Therapy Literature (John Pearce, Instructor), Society for Family Therapy & Research, Cambridge, MA
1978-79	Member, Seminar on Critical Image in Marital and Family Therapy (David Kantor, Instructor), Family Institute of Cambridge, Cambridge, MA
1979-81 & 1982-86	Private Supervision with Carter Umbarger, Cambridge, MA
1979-80	Member, Seminar on Neuropsychological Assessment (Homer Reed, Instructor), Tufts-New England Medical Center, Boston, MA
1981-82	Member, Brief Therapy Training Program (John Weakland & Richard Fisch, Instructors), Mental Research Institute, Palo Alto, CA
1983-85	Member, Seminar on Supervision through Role-Playing (Richard Chasin, Instructor), Family Institute of Cambridge, Cambridge, MA
1983-86	Member, Advanced Training Group in Systemic Family Therapy (Olga Silverstein, Instructor), Cambridge, MA
1985-86	Member, Supervision Seminar on the Young Child in Family Therapy (Richard Chasin, Instructor), Cambridge, MA
1993 & 1995	Advanced Training with Michael White, Evanston, IL
1994	AAMFT Approved Supervisor Course, Chicago, IL
2004	Seminar, Affect Regulation and the Repair of the Self (Alan Schore, Instructor), Eastham, MA

- 2005 AAMFT Approved Supervisor Refresher Course, Chicago, IL
- 2006 Workshop, "Collaborative Couple Therapy" (Dan Wile, Instructor), Los Angeles, CA
- 2006 Immersion Training in Interpersonal Neurobiology (Daniel Siegel, Instructor), Los Angeles, CA
- 2006 17<sup>th</sup> Annual Trauma Conference, Boston, MA
- 2008 Seminar, DBT & Mindfulness in Psychotherapy (Marsha Linehan, Instructor), Eastham, MA
- 2018 Wise Aging Facilitator Training, Institute for Jewish Spirituality, NY, NY

**Major Clinical and Research Interests:**

1. Couple Therapy
2. Family Systems/Multigenerational Therapy
3. Gender Issues
4. Neuroscience and Couple/Family Therapy

**Teaching and Lectures:**

- 1971-73 Teaching Assistant, Psychology Department, University of Massachusetts, Amherst, MA
- 1978 "Ideology and Marriage", paper presented to the meeting of the American Psychological Association, Montreal, Canada
- 1980 "Combining Career and Family", panel presentation at Wellesley College, Wellesley, MA
- 1981 "Children of Survivors of the Nazi Holocaust", lecture delivered at Psychiatric Rounds, Salem Hospital, Salem, MA
- 1981 "Alcoholism and the Family", public lecture sponsored by Salem Hospital Mental Health Center, Salem, MA
- 1982 "Bulimia", lecture delivered to psychiatry staff of Kaiser-Permanente Clinic, Redwood City, CA
- 1983 "Systemic and Cognitive-Behavioral Treatment of Bulimia", lecture delivered to Counseling Center, Wellesley College, Wellesley, MA
- 1983 "Treatment of Eating Disorders", lecture delivered to Counseling Center, Brandeis University, Waltham, MA
- 1984 "Illness and the Family", lecture delivered to staff of pediatric oncology unit, Dana-Farber Cancer Institute, Boston, MA
- 1984-85 Instructor, Systemic Family Therapy Course, Family Institute of Cambridge, Cambridge, MA
- 1986 "Couple Therapy", workshop presented to professional staff of Family Service Association of Greater Lawrence, Lawrence, MA
- 1986 "Couple Therapy: A Systemic Approach", visiting lecture given in course on Family Therapy, Boston University School of Education, Boston, MA

- 1986-87 Member, doctoral dissertation committee, Massachusetts School of Professional Psychology, Dedham, MA
- 1987 "The Ties that Bind: Systems Family Therapy", lecture delivered to Jewish community service professionals, Hornstein Program, Brandeis University, Waltham, MA
- 1987 "Buber and Couple Therapy", paper presented at Conference on Martin Buber and Psychotherapy, Washington, D.C.
- 1987-88 & "Couple Therapy", seminar taught at The Boston Psychoanalytic Society & Institute Extension Division, Boston, MA
- 1987-88 Consultant to Family Service Association of Greater Lawrence, Lawrence, MA
- 1988-89 "Couple Therapy", seminar taught to psychology interns at Student Counseling Service, Hebrew University, Jerusalem, Israel
- 1989 "Buber and Contextual Therapy", lecture delivered to Martin Buber Study Group, Jerusalem, Israel
- 1989 "Contextual Therapy", lecture delivered to psychology interns, Hadassah Hospital, Jerusalem, Israel
- 1989 "Object Relations Theory in Psychotherapy", lecture delivered to staff of Women's Therapy Clinic, Jerusalem, Israel
- 1989 "The Contextual Therapy of Ivan Boszormenyi-Nagy", lecture given to staff of Central Clinic of the Kibbutzim, Tel Aviv, Israel
- 1989 "Martin Buber and Ivan Boszormenyi-Nagy", lecture given to staff of Southern Jerusalem Area Clinic, Jerusalem, Israel
- 1989-90 Consultant to Family Service Association of Greater Lawrence, Lawrence, MA
- 1990 "Systemic Couple Therapy", lecture given to staff of Southern Jamaica Plain Health Center, Boston, MA
- 1990 "A Systemic Approach to Families", lecture given to staff of the Bureau of Jewish Education, Newton, MA
- 1990 "Contextual Family Therapy", lecture given to Highland Park Consultation Group, Highland Park, IL
- 1991&1992 "Multigenerational Family Therapy", lectures given at graduate course on Family Therapy, SSA, University of Chicago, Chicago, IL
- 1991,1992,"Couple Therapy: A Psychodynamic/Multigenerational View", 1993,1995,lectures given at graduate course on Couple Therapy, SSA, 1996, 1997University of Chicago, Chicago, IL
- 1991-92 Advanced Training in Couple Therapy Consultation Group, Chicago Center for Family Health, Chicago, IL
- 1991-92 Consultant to Parkside Pastoral Counseling Center, Lutheran General Hospital, Park Ridge, IL

- 1992 "Couples Therapy: Integrating Intrapsychic and Systemic Processes", workshop co-sponsored by Chicago Center for Family Health and SSA, University of Chicago, Chicago, IL
- 1992 "Couple and Family Therapy", course taught to psychiatry residents, Chicago Medical School, North Chicago, IL
- 1992 "Couples Therapy: An Object Relations and Multigenerational Approach", workshop at Fall Conference on Family Therapy, Chicago Center for Family Health, Chicago, IL
- 1992-93 "Couples Therapy: An Integrated Approach", course taught at Chicago Center for Family Health, Chicago, IL
- 1992-93 Advanced Couples Therapy Case Consultation Group, Chicago Center for Family Health, Highland Park, IL
- 1993 "Couple Therapy: An Integrative Approach", Grand Rounds lecture, Mercy Center, Aurora, IL
- 1993 "Couples Therapy: An Integrative Model", workshop sponsored by Chicago Center for Family Health, Chicago, IL
- 1993 "Couple Therapy: An Integrative Approach", lecture given at Virginia Frank Child Development Center, Chicago, IL
- 1993 "Judaism: Dilemmas of Tradition and Change", roundtable presentation, American Family Therapy Academy, Baltimore, MD
- 1993 "Relational Models of the Self--An Integration of New Theories of Women's Development and Multigenerational Family Theory", lecture given at Josselyn Center for Mental Health, Northfield, IL
- 1993-2008 "Couples Therapy: An Integrative Approach", semester course taught at Chicago Center for Family Health, Chicago, IL
- 1993-94 Consultant to Evanston Family Counseling Service, Evanston, IL
- 1993 "Couple Therapy: An Integrative Relational Approach", Master Class, Annual Family Therapy Conference, Family Institute, Evanston, IL
- 1994 "Couples in Conflict", lecture delivered to Four Agency Co-operative Effort, Racine, WI
- 1994 "Gender Differences, Gender Dialogues", lecture at Grand Rounds, Mercy Center, Aurora, IL
- 1994 "From Blame to Empathy in Couple Therapy", workshop at Winter Conference, Chicago Center for Family Health, Chicago, IL
- 1994 "Couple Therapy", lecture delivered in Family & Marital Therapy Course, Psychiatry Department, University of Chicago, Chicago, IL
- 1995 "The Ties that Bind: Dilemmas of Continuity & Change in Family Life", lecture delivered to Family Education Mini-Conference, Commission on Jewish Continuity, Newton, MA
- 1995 "Dilemmas of Multigenerational Loyalty", lecture delivered at Congregation Beth El, Sudbury, MA
- 1995-2006 Advanced Consultation Groups: Therapist's Own Family-of-Origin Chicago Center for Family Health, Chicago, IL
- 1996, 1997 "Guilt, Loyalty, & Love: Working with Multigenerational Family Dynamics", four-day workshop for rabbis at the Jewish Theological Seminary Rabbinic Training Institute, Pawling, NY
- 1996 Course in Multigenerational Family Dynamics for rabbinical students

- Jewish Theological Seminary, New York, NY
- 1996 "The Ties that Bind: A Multigenerational Systemic Approach to Jewish Development and Identity through the Life Cycle," lecture delivered to Jewish Family Network, American Jewish Committee, Skokie, IL
- 1996 "Dilemmas of Multigenerational Family Loyalties & Legacies," lecture, mental health interest group, Hadassah North Shore, Highland Park, IL
- 1996 "Deconstructing Couples' Impasses", workshop at Winter Conference, Chicago Center for Family Health, Chicago, IL
- 1997-2007 Advanced Consultation Group in Couple Therapy (yearlong), Chicago Center for Family Health, Chicago, IL
- 1997 "Guilt, Loyalty, & Love: Honoring Our Parents, Honoring Ourselves", Scholar-in-Residence, Or Torah Synagogue, Skokie, IL
- 1997 "Dilemmas of Caring for & Honoring Elderly Parents: A Multigenerational View", lecture, Claremont Nursing Home, Buffalo Grove, IL
- 1997 "From Disconnection to Connection: Gender Dialogues in Couple Therapy," workshop, Chicago Center for Family Health, Chicago, IL
- 1997 "Autonomous & Relational Narratives of the Self: Ethical & Clinical Implications", lecture, Internationale Wissenschaftsforum, Heidelberg, Germany
- 1998 "Promoting Dialogue in Couple Therapy: From Blame to Empathy", lecture, St. Francis Hospital, Evanston, IL
- 1998 "Intergenerational Legacies and Loyalties", lecture, course on Family & Marital Therapy, Psychiatry Dept., University of Chicago, Chicago, IL
- 1998 "On Being a Person: Boundaries and the Relational Self", Plenary Address, Winter Conference, Chicago Center for Family Health, Chicago, IL
- 1998 "Facilitating Intergenerational Dialogue", workshop, Winter Conference, Chicago Center for Family Health, Chicago, IL
- 1998 "Honor Your Father and Mother: Intergenerational Dilemmas of Guilt, Loyalty, & Love", lecture, Hadassah Regional Conference, Glenview, IL
- 1999 "Couples Therapy", lecture, Psychiatry Department, University of Chicago, Chicago, IL
- 2000 "Guilt, Loyalty & Love: Balancing Personal Autonomy & Intergenerational Family Dynamics", 4-day workshop, Rabbinic Training Institute, Pawling, NY
- 2000 "Honor Thy Father & Thy Mother: Healing Intergenerational Wounds", Plenary Lecture, Spiritual Resources in Family Therapy Conference, Chicago Center for Family Health, Chicago, IL
- 1999 "The 'Dance of Parts': Integrating IFS with Psychodynamic, Systemic and Relational Approaches to Couples Therapy", IFS Conference, Family Institute, Evanston, IL
- 2000 "The Ties that Bind: Intergenerational Love, Loyalty and Guilt — The Balancing Act", lecture, Hadassah, Highland Park, IL
- 2001 "Guilt, Loyalty & Love: Balancing Personal Autonomy & Intergenerational Family Dynamics", 4-day workshop, Rabbinic Training Institute, Clayton, Georgia
- 2001 "Honor Thy Father & Thy Mother: Psychological & Spiritual Challenges of the 5<sup>th</sup> Commandment", lecture, Chicagoland Jewish High School, Highland Park, IL



- 2001 “Unresolved Family Issues and Conflicts: Facilitating Mutual Understanding, Reconciliation, and Forgiveness”, discussion group, Conference on Caring for Families at the End of Life, Chicago Center for Family Health, Northbrook, IL
- 2001 “I, Thou, & We: From Blame to Dialogue in Couples Therapy.” Master Class, Conference of the Family Institute at Northwestern University, Evanston, IL
- 2002 “Honor Thy Father & Thy Mother: Psychological & Spiritual Challenges of the 5<sup>th</sup> Commandment”, 4-day workshop, Rabbinic Training Institute, Clayton, Georgia
- 2002 “Psychodynamic and Intergenerational Approaches to Marital and Family Therapy”, lecture to second year graduate students, SSA, University of Chicago, Chicago, IL
- 2002 “Building Lifelong Relationships: Parents & Their Adult Children”, lecture to Hadassah groups, Highland Park, IL
- 2002 “Managing Hope: Treating Terminal Illness,” Facilitator, Schwartz Rounds, Highland Park Hospital, Highland Park, IL
- 2002 “Challenges of Intergenerational Relationships”, lecture to Beth El Men’s Club, Highland Park, IL
- 2002 “Relational Couples Therapy”, interest group presentation, American Family Therapy Academy, New York, NY
- 2003 “Forgiveness in Couples Therapy,” couples therapy interest group presentation, American Family Therapy Academy, Miami, FL
- 2003 “Forgiveness: Spiritual & Psychological Challenges”, 4-day workshop, Rabbinic Training Institute, Clayton, Georgia
- 2004 “Teshuva: Spiritual & Psychological Challenges”, 4-day workshop, Rabbinic Training Institute, Clayton, Georgia
- 2004 “Working with Couples in Impasse: An Integrative Approach” couples therapy interest group presentation, American Family Therapy Academy, San Francisco, CA
- 2005 “Our Parents, Ourselves: Dialogue and Healing in Intergenerational Relationships.” workshop, Chicago Center for Family Health, Chicago, IL
- 2005 “Challenges for the Rabbi-Parent”, 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2005 “Values Issues in Couple Therapy”, couples therapy interest group presentation, American Family Therapy Academy, Washington, DC
- 2005 “Couple Therapy: An Integrative Approach”, lecture, Psychiatry Department, University of Chicago
- 2006 “Between *Din* (Justice) and *Rachamim* (Mercy): Finding Balance in our Lives”, 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2006 “Neuroscience and Couple Therapy”, couple therapy interest group presentation. American Family Therapy Academy, Chicago, IL
- 2007 “‘With all your heart’: Cultivating Emotional Intelligence”, 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2007 “Integrating Interpersonal Neurobiology & Couple Therapy,” couple therapy interest group presentation, American Family Therapy Academy, Vancouver, BC
- 2008 “Blessings: Spiritual & Psychological Opportunities”, 4-day workshop, Rabbinic Training Institute, Baltimore, MD

- 2008 “Facilitating Generosity and Emotional Intelligence in Couple Relationships”, Plenary, Family Bridges Conference, Chicago, IL
- 2008 “News from Neuroscience: Applications in Couple Therapy”, daylong workshop, Chicago Center for Family Health, Chicago, IL
- 2008 “Integrating ‘News from Neuroscience’ with Couple Therapy”, Workshop, Jewish Child and Family Services, Skokie, IL
- 2008 “Working with Affect in Couple Therapy”, couple therapy interest group presentation, American Family Therapy Academy, Philadelphia, PA
- 2008 “From Impasse to Intimacy: Facilitating Connection in Couple Therapy,” 2-day workshop co-presented with Michele Scheinkman, Chicago Center for Family Health, Chicago, IL
- 2009 “Positive Aging: Healing Relational Wounds”, daylong workshop co-presented with Michele Baldwin, Chicago Center for Family Health, Chicago, IL.
- 2009 “News from Neuroscience: Applications to Couple Therapy”, daylong workshop, Ackerman Institute for the Family, New York, NY.
- 2009 “Balancing Attachment & Passion in Long-term Relationships”, couple therapy interest group presentation, American Family Therapy Academy, New Orleans, LA.
- 2009 “Relational Empowerment in Couple Therapy,” daylong workshop, Chicago Center for Family Health, Chicago, IL
- 2010 “Seeing the Other: Psychological & Spiritual Challenges of Dialogue,” 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2010 “Integrating ‘News from Neuroscience’ with Couple Therapy,” ½ day lecture, Family Institute at Northwestern University, Evanston, IL.
- 2010 “Facilitating Relational Empowerment in Couple Therapy,” daylong workshop, Ackerman Institute for the Family, New York, NY.
- 2010 “Wired to Connect: Interpersonal Neurobiology & Couple Therapy,” daylong workshop for Brazilian family therapists, Chicago Center for Family Health, Chicago, IL.
- 2010 “Facilitating Curiosity, Dialogue, and Empathy in Couple Therapy,” couple therapy interest group presentation, American Family Therapy Academy, Boulder, CO.
- 2010 “Brain to Brain, Heart to Heart: Integrating Neurobiology and Attachment in Couple Therapy,” invited Plenary, American Family Therapy Academy, Boulder, CO.
- 2010 “Wired to Connect: Integrating Neuroscience & Couple Therapy,” daylong workshop, Family Therapy Training Boston, Watertown, MA.
- 2011 “Giving & Receiving: Psychological & Spiritual Possibilities,” 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2011 “Integrating ‘News from Neuroscience’ in Couple Therapy,” ½ day workshop, Cathedral Counseling Center, Chicago, IL
- 2011 “Challenges of Change in Couple Therapy: Facilitating Neuroplasticity & Relationship Plasticity,” daylong workshop, Chicago Center for Family Health, Chicago, IL
- 2011 “Challenges of Change in Couple Therapy: Facilitating Neuroplasticity & Relationship Plasticity,” daylong workshop, Ackerman Institute for the Family, New York, NY

- 2011 “Couples Dances of Reactivity & Disempowerment;” “Wired to Connect: Integrating Neurobiological & Systemic Views of Human Relationships;” “Facilitating Relational Empowerment in Couple Therapy: Techniques for Transformation;” plenaries, Cleveland MetroHealth Conference, Cleveland, OH
- 2012 “Change: Opportunities & Dilemmas,” 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2012 “Love & its Discontents,” daylong workshop, Chicago Center for Family Health, Chicago, IL
- 2012 “Love & its Discontents,” daylong workshop, Ackerman Institute for the Family, New York, NY
- 2012 “Facilitating Resilience in Couple Therapy: A Neurobiological-Relational Approach,” workshop, Chicago Center for Family Health, Chicago, IL
- 2012 “Challenges of Change in Couple & Interpersonal Relationships: Facilitating Neuroplasticity & Relationship Plasticity,” daylong workshop for Brazilian family therapists, Chicago Center for Family Health, Chicago, IL
- 2013 “Resilience: Psychological & Spiritual Challenges,” 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2013 “Facilitating Resilience in Couple Therapy: A Neurobiological-Relational Approach,” daylong workshop, Ackerman Institute for the Family, New York, NY
- 2013 “Loving with the Brain in Mind: Integrating Neurobiology in Couple Therapy,” daylong workshop, Chicago Center for Family Health, Chicago, IL
- 2013 “*Hakovesh et yitzro*: Neurobiology Meets Rabbinic Wisdom;” “The Neuroscience of Teshuva: Neuroplasticity & Personal Change;” “Being a Mensch in Marriage: What Neuroscience & Relationship Science Can Teach Us about Nurturing Long-Term Love;” “Honor Your Father & Your Mother: A Family Therapist Explores the Fifth Commandment;” Lectures delivered at Limmud UK, Warwick, England
- 2014 “*Hakovesh et yitzro*: Psychological & Spiritual Challenges of Emotion Regulation,” 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2014 “Wisdom from Neurobiology in Couple Therapy;” “Clinical Interventions with Couples Informed by Neurobiology,” Lectures delivered to Family Institute at Northwestern Intimate Relations II Course, Evanston, IL
- 2014 “Loving with the Brain in Mind: Neurobiology & Couple Therapy,” Daylong Keynote, Illinois Association for Marital & Family Therapy Annual Conference, Naperville, IL
- 2014 “Understanding Couple Dynamics in Fussy Baby Work: Facilitating Relational Empowerment,” National Fussy Baby Network Meeting, Erikson Institute, Chicago, IL
- 2014 “Neuroplasticity in Couples Therapy: From Habits to Choice,” Workshop, Psychotherapy Networker Symposium, Washington, D.C.
- 2014 “Loving with the Brain in Mind: Neurobiology & Couple Therapy,” daylong workshop, Therapy Training Boston, Boston, MA
- 2014 “Neurobiology & Couple Therapy,” seminar, Massachusetts General Hospital, Couple & Family Therapy Program, Boston, MA
- 2014 “Neurobiology & Couple Therapy,” lecture, Jewish Family Service, Clifton, NJ
- 2014 “Integrating Interpersonal Neurobiology in Couple Therapy,” Interest group presentation, American Family Therapy Academy, Athens, GA
- 2014 “Loving with the Brain in Mind: Neurobiology & Couple Therapy,” 2-day workshop, Association of Family Therapy of Northern California, Sonoma, CA
- 2014 “I am My Beloved’s: Challenges of Marriage & Relationships in Contemporary Society,” Lecture, JTS, New York, NY

- 2014 "Interpersonal Neurobiology & Couple Therapy," Online seminar, Confer, UK.
- 2014 "The Neurobiology of Couple Reactivity," Online seminar, Psychotherapy Excellence, UK.
- 2014 "Neurobiology & Couple Therapy," online seminar, GoodTherapy.org
- 2015 "Love & its Discontents: What Rabbis Need to Know," 4-day workshop, Rabbinic Training Institute, Baltimore, MD
- 2015 "Being a Mensch in Marriage: Nurturing Long-Term Love;" "*Hakovesh et yitzro* (Mastering your Instincts): Neurobiology Meets Rabbinic Wisdom;" "Honoring Your Father & Mother: Psychological Challenges;" "The Neuroscience of Teshuva: Neuroplasticity & Personal Change;" Lectures delivered at Limmud NY, Stamford, CT
- 2015 "Differentiation & Dialogue in Intergenerational Relationships," Guest Lecture, Family Institute at Northwestern University, Evanston, IL
- 2015 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships," daylong workshop, Chicago Center for Family Health, Chicago, IL
- 2015 "Loving with the Brain in Mind: Neurobiology & Couple Therapy," 2-day workshop, Family Institute, Londrina, Brazil
- 2015 "Intergenerational Legacies: Challenges of the 5<sup>th</sup> Commandment"; "Opening our Hearts & Minds to Revelation & Change: A Psychological-Neurobiological Perspective"; Shavuot Scholar-in-Residence Lectures, Congregation Bais Abe, St. Louis, MO
- 2015 "Couple Therapy & Interpersonal Neurobiology," American Family Therapy Academy Meeting, Vancouver, WA
- 2015 "Couple Therapy and Interpersonal Neurobiology," Symposium: Couple Therapy through Four Lenses, American Psychological Association Convention, Toronto, Canada
- 2015 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships," daylong workshop, Ackerman Institute for the Family, New York, NY
- 2015 "Loving with the Brain in Mind: Integrating Neurobiology in Couple Therapy," Lectures, Intimate Relations II Course, Family Institute at Northwestern, Evanston, IL
- 2015 "Tools for Fostering Intimacy in Couples: Integrating Brain, Body, & Relationships," lecture, Harvard/CHA Couples Conference, Boston, MA
- 2015 Scholar-in-Residence Talks: "Honor Your Father & Mother: Challenges of the 5<sup>th</sup> Commandment;" "Being a Mensch in Marriage: What Relationship Science & Neuroscience Teach Us about Long-Term Love;" "Who is Mighty? From Habits to Choice in Relationships;" "Brain-wise Parenting: Insights from Psychology, Neuroscience, & Jewish Tradition;" Congregation Tifereth Israel, Columbus, OH
- 2015 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach," Workshop, Nefesh International Conference, Hauppauge, NY
- 2015 "Loving with the Brain in Mind: Integrating Neurobiology in Couple Therapy," Workshop, Nefesh International Conference, Hauppauge, NY
- 2016 "Honor Your Father and Your Mother: Psychological & Spiritual Challenges," 4 day consultation group, Rabbinic Training Institute, Baltimore, MD
- 2016 "Differentiation & Dialogue in Intergenerational Relationships," Lecture, Family Institute at Northwestern, Evanston, IL
- 2016 "From Reactivity to Empowerment in Couple Therapy: A Neurobiological-Relational Approach," Workshop, Texas AMFT Conference, San Antonio, TX

- 2016 "Healing Intergenerational Wounds: A Systemic-Neurobiological Approach," Workshop, Texas AMFT Conference, San Antonio, TX
- 2016 "Healing Intergenerational Wounds: Growing Ourselves Up with Our Family of Origin," Lecture, Haverut, Jerusalem, Israel
- 2016 "Emotionally Intelligent Relationships in Small Communities," Rabbis of Small Communities Meeting, Wilmette, IL
- 2016 "The Vulnerability Cycle: Expanding the Frame," American Family Therapy Academy Meeting, Denver, CO
- 2016 "Loving with the Brain in Mind: Neurobiology & Couple Therapy," Workshop, Michigan State University, Lansing, MI
- 2016 "Healing Intergenerational Wounds: A Systemic-Neurobiological Approach," Lecture, Michigan State University, Lansing, MI
- 2016 "Loving with the Brain in Mind: Neurobiology & Couple Therapy," Workshop, Leading Edge Seminars, Toronto Canada
- 2016 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships," Workshop, Leading Edge Seminars, Toronto, Canada
- 2016 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships," Workshop, Ackerman Institute for the Family, New York, NY
- 2016 "Loving with the Brain in Mind: Integrating Neurobiology in Couple Therapy," Lectures in Intimate Relations Seminar, Family Institute at Northwestern University, Evanston, IL
- 2017 "Forgiveness: Psychological & Spiritual Challenges," 4 day consultation group, Rabbinic Training Institute, Baltimore, MD
- 2017 "Differentiation & Dialogue in Intergenerational Relationships," Lecture, Family Institute at Northwestern, Evanston, IL
- 2017 "From Reactivity to Empowerment in Couple Therapy: Insights from Relational Neurobiology," Symposium, International Systemic Research Conference, Heidelberg, Germany
- 2017 "Loving with the Brain in Mind: Nurturing Intimacy in Long-Term Relationships," Webinar, Sounds True Neuroscience Summit
- 2017 "Loving with the Brain in Mind: Neurobiology & Couple Therapy," Workshop, Iowa Association of Marital and Family Therapy Annual Conference, Cedar Rapids, IA
- 2017 "From Reactivity to Empowerment in Couple Therapy: Insights from Interpersonal Neurobiology," Lecture, Crossroads of Couple & Family Psychology Conference, Evanston, IL
- 2017 "Facilitating Connection & Empowerment in Couple Therapy: A Relational-Neurobiological Approach," Workshop, Chicago Center for Family Health, Chicago, IL
- 2017 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach," Workshop, Chicago Center for Family Health, Chicago, IL
- 2017 "Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships," Workshop, Nefesh Chicago, Skokie, IL
- 2017 "Loving with the Brain in Mind: A Relational-Neurobiological Approach to Couple Therapy," Workshop, Ackerman Institute for the Family, New York, NY
- 2017 "Loving with the Brain in Mind: Integrating Neurobiology in Couple Therapy," Daylong lecture, Intimate Relations II Course, The Family Institute at Northwestern, Evanston, IL

- 2017 “Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships,” Workshop, Council for Jewish Elderly, Deerfield, IL
- 2017 “Facilitating Connection & Empowerment in Couple Therapy: Insights from Interpersonal Neurobiology,” Webinar, Family Process Institute/Ackerman Institute for the Family
- 2017 “From Reactivity to Empowerment in Couple Therapy: A Neurobiological-Relational Approach,” Visiting lecture, NYU Silver School of Social Work, Clinical Practice with Couples Class, New York, NY
- 2018 “Honor your Father & Mother: Connection & Boundaries in Intergenerational Relationships,” lecture, Congregation Beth Sholom Shabbaton, Teaneck, NJ
- 2018 “Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships,” Guest lecture, Family of Origin Class, The Family Institute at Northwestern, Evanston, IL
- 2018 “Healing Intergenerational Wounds: Integrating Psychological, Neurobiological, & Jewish Perspectives on Family Relationships,” Workshop, Jewish Responses to Trauma, Jewish Theological Seminary of America, New York, NY
- 2018 “The Vulnerability Cycle & Interpersonal Neurobiology,” Workshop, Monthly Masters Series in Couple Therapy, Therapy Training Boston, Newton, MA
- 2018 “Loving with the Brain in Mind: Neurobiology & Couple Therapy”; “Nurturing Long-Term Love: Wisdom from Neuroscience & the Science of Relationships”; “Healing Intergenerational Wounds: A Relational-Neurobiological Approach,” lectures, the University of Rochester, Rochester, NY
- 2018 “Wisdom & Family Relationships: Healing Intergenerational Wounds,” Lecture, JCC of Tenafly, NJ
- 2018 “Loving with the Brain in Mind: Integrating Neurobiology in Couple Therapy,” Daylong lecture, Intimate Relations II Course, The Family Institute at Northwestern, Evanston, IL
- 2018 “From Reactivity to Empowerment in Couple Therapy: A Neurobiological-Relational Approach,” Workshop, Rutgers Graduate School of Applied & Professional Psychology, Piscataway, NJ
- 2018 “Aging Well & Intergenerational Family Relations: Healing Old Wounds,” Workshop, Chicago Center for Family Health, Chicago, IL
- 2018-19 Facilitator, Wise Aging Group, JCC, Tenafly, NJ
- 2019 “Personal & Professional Journeys,” 4-day consultation group, Rabbinic Training Institute, Baltimore, MD
- 2019 “Loving with the Brain in Mind: A Relational-Neurobiological Approach to Couple Therapy,” 2 day workshop, Florida Atlantic University, Boca Raton, FL
- 2019 “From Reactivity to Empowerment in Couple Therapy: A Relational-Neurobiological Approach,” Guest lecture, NYU social work class in couple therapy, New York, NY
- 2019 “From Reactivity to Empowerment in Couple Therapy: A Relational-Neurobiological Approach,” Workshop, Barcai Institute, Tel Aviv, Israel.
- 2019 “Healing Intergenerational Wounds: A Relational-Neurobiological Approach to Transform Family Relationships,” Workshop, Ackerman Institute for the Family, New York, NY
- 2019 “Rupture & Repair in Couple Therapy,” Presentation, American Family Therapy Academy, Oakland, CA
- 2019 “From Reactivity to Emotional Empowerment in Couple Therapy,” Presentation, American Family Therapy Academy, Oakland, CA