

**Curriculum Vitae**  
**Cadmona A. Hall, PhD, LMFT, FT**  
Cadmona@gmail.com

**EDUCATION**

Ph.D., Marriage and Family Therapy; Syracuse University, Syracuse, NY, 2008

M.A., Marriage and Family Therapy; Syracuse University, Syracuse, NY, 2006

B.S., Psychology, Bio-Evolutionary option, Minor, Human Development and Family Studies;  
The Pennsylvania State University, University Park, PA, 2002

**PROFESSIONAL LICENSES & DESIGNATIONS**

Licensed Marriage & Family Therapist, IL # 166.000896

Licensed Marriage & Family Therapist, NY # 000919-1

Clinical Fellow, the American Association for Marriage & Family Therapy

Approved Supervisor, the American Association for Marriage & Family Therapy

Fellow in Thanatology, the Association for Death Education & Counseling

**CURRENT POSITION**

Adler University, Chicago, IL

2014- present Associate Professor, Department of Couple and Family Therapy

Responsibilities include teaching a minimum of 18 credits across three semesters for the CFT master's and doctoral program, advising and mentoring students. Providing supervision to students engaged in clinical practice, service on department and institutional committees. Grading masters qualifying examinations, chairing dissertations and serving on dissertation committees.

2011-2014 Assistant Professor, Department of Couple and Family Therapy

Responsibilities include teaching a minimum of 18 credits across three semesters for the CFT master's program, supervising, advising and mentoring students.

**SERVICE**

- Member, Faculty Welfare and Development Committee- Adler University 2019-present
- Member, Rank, Sabbatical and Promotion Committee- Adler University 2018-2019
- Chair, Rank, Sabbatical and Promotion Committee- Adler University 2017- 2018
- Chair, Seed Grant Committee-Adler University 2016- 2018
- Member, Executive Committee of Faculty Council- Adler University 2015-2018
- Co-chair, Rank and Promotion Committee- Adler University 2015-2017
- Member, Seed Grant Committee- Adler University 2015-2016
- Chair of the CFT Admissions Committee- Adler University 2014-2015
- Member, Workforce Allocation Committee- Adler University 2014-2015
- Member, Office of Global Affairs Advisory Committee- Adler University 2013- 2014
- Member, Diversity Committee- Adler University 2011-2013
- Secondary Advisor, Black Student Association- Adler University 2011-2012
- Member, Admissions Committee- Adler University 2011-2014

• Member, Faculty Council- Adler University

2011-present

## **CONFERENCE PRESENTATIONS**

### PEER REVIEWED WORKSHOPS, SEMINARS, & POSTER SESSIONS

Hall, C. A., Woods, C., Gould, S. Jordan, A. & Ilkmen, E. (2019). Female Breadwinners: How Patriarchy Impacts the Family System. Workshop at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Hall, C. A., Wambugu, A. & Theissan, E. (2019). Global Collaboration in Family Therapy Training. Workshop at International Family Therapy Association World Congress, Aberdeen, Scotland.

Hall, C. A. & Hal, H. L. (2018). Exploring Self of the Therapist Beliefs for Therapy with the Bereaved. Workshop at the American Association for Marriage and Family Therapy National Conference, Louisville, KY.

Hall, C. A., Barnes-Walker, D., Tolbert, C. (2018). Challenging the myth of resistance: engaging Black clients in psychotherapy. Poster at Adler University Research and Scholarship Symposium, Chicago, IL.

Hall, C. A. (2018). Experiential Teaching Strategies to Enhance CFT Education. Workshop at International Family Therapy Association World Congress, Bangkok, Thailand.

Hall, C. A. (2018). Challenging Racism in Family Therapy: Training Students to work Effectively with African American Families. Workshop at International Family Therapy Association World Congress, Bangkok, Thailand.

Hall, C. A. & Hay, H. L. (2016). Guardians of the Galaxy: Guiding Youth through Grief. Full day, Pre-Conference Institute at the American Association for Marriage and Family Therapy National Conference, Indianapolis, IN.

Hall, C. A. & Zavada, A. L. (2016). Using Self of the Therapist Experiential Exploration to Increase Efficacy with Social Justice. Workshop at International Family Therapy Association World Congress, Kona, Hawaii.

Zavada, A. L. & Hall, C. A. (2016). Using ‘the Tree of Life’ for the Growth of Family Therapists. Workshop at International Family Therapy Association World Congress, Kona, Hawaii.

Hall, C. A. & Zavada, A. L. (2016). Lessons About Life and Death: Loss Inventory. Workshop at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Hall, C. A. (2016). Equipping Family Therapists with the Tools to Serve Black Clients. Poster at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Pfeifer J. & **Hall, C. A.** (2016). Creating A Gender Inclusive Practice. Poster at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Zavada, A. L. & **Hall, C. A.** (2016). Fertilizing Therapist Development with the 'Tree of Life' Supervision Tool. Poster at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Hall, C. A. (2015). Understanding the Barriers to Therapy for Black Americans. Presentation at the Federation for Cuban Women/United States Collaboration Conference Havana Cuba.

Hall, C. A. (2015). Mirror, Mirror: Self-examination as a Model in Multicultural Work. Workshop Association for Death Education and Counseling, San Antonio, Texas.

Ungureanu, I. & **Hall, C. A.** (2015). When Love Hurts: Couples Therapy with Survivors of Childhood Sexual Abuse. Workshop at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Hall, C. A., & Ungureanu, I. (2014). Zooming in on the Couple Relationship: Grief at the Movies. Workshop at Illinois American Marriage & Family Therapy Association Naperville, Illinois.

Hall, C. A. & Hay, H. L. (2014). Entering the Dragon's Den: An Evolving Paradigm of Loss Work. Association for Death Education and Counseling, Baltimore, Maryland.

Hall, C. A. & Zavada, A. L (2014). Moving Difficult Dialogues About Culture to Constructive Conversations. Workshop at North American Society of Adlerian Psychology, Chicago, Illinois.

Hall, C. A. & Hay, H. L. (2014). Culturally Informed Grief Therapy with Families. Workshop at 18th National Symposium of Children's Grief Support, Atlanta, Georgia.

Hall, C. A. & Hay, H. L. (2013). Helping Bereaved Couples Confront Contemporary Challenges. Poster at the American Family Therapy Association 35<sup>th</sup> Annual Meeting, Chicago, IL.

Hall, C. A. & Hay, H. L (2013). Transformative Healing: Socio-cultural Trauma & Bereavement. Workshop at the Association for Death Education and Counseling 35th Annual Conference, Hollywood CA.

Hall, C. A. & Hay, H. L (2013). Alzheimer's Disease: Transforming Families. Workshop at the Association for Death Education and Counseling 35th Annual Conference, Hollywood CA.

Hall, C. A. & Ungureanu, I. (2013). Let's Talk About Death: Learning to Dialogue About Death, Dying & Bereavement. Workshop at Illinois Association for Marriage and Family Therapy, Elgin, Illinois.

Hall, C. A., Hay, H.L., Awosan, C.I. & Hardy, K.V. (2013). Finding the Hero Within: Working with Traumatized Youth. Two session full day Workshop at the Psychotherapy Networker Symposium, Washington, D.C.

Hall, C. A. & Hay, H. L (2013). Walking Wounded: Socio-cultural Trauma & Grief. Workshop at International Family Therapy Association World Congress, Coronado Springs, Florida.

Zavada, A. Ungureanu. I. & **Hall, C. A.** (2013). Engaging Minds and Hearts: Using Experiential Teaching to Build Clinical Effectiveness. Workshop at International Family Therapy Association World Congress, Coronado Springs, Florida

Hall, C. A. & Zavada, A. L. (2012). Challenging Therapist Comfort & Complacency: Engaging in Difficult Dialogues. Workshop at the Promoting Social Justice Through Counseling Conference, Chicago, Illinois.

Hall, C. A. & Hay, H. L. (2012). Holding on Together – A Family Grief Journey. Brief Report at International Family Therapy Association World Congress, Vancouver, Canada.

Hall, C. A & Todd, T. (2012). All Couples Are Multi-Cultural: Helping Couples Manage Differences & Find Common Ground. Workshop at International Family Therapy Association World Congress, Vancouver, Canada.

Hall, C. A. & Hay, H. L. (2011) Till Death: Grief and the Impact on the Couple Relationship. Workshop at the American Association for Marriage and Family Therapy National Conference, Fort Worth, TX.

Hall, C. A. & Hay, H. L. (2011) Helping Grieving Hearts Heal: Working With Bereaved Youth and their Families. Workshop at International Family Therapy Association World Congress, Noordwijkerhout, Holland.

Hall, C. A. & Hay, H. L. (2010) Healing Young Hearts: Transforming the Future of Bereaved Youth. Seminar at the American Association for Marriage and Family Therapy National Conference, Atlanta, GA.

Hall, C. A. & Hay, H. L. (2009). Grief and Effects of Loss on Learning: Bereavement in the School Community. Full day workshop for the Onondaga, Cortland, Madison County BOCES Continuing Education, Project Helping Educators Learn Prevention Strategies.

Awosan, C. I., & **Hall, C. A.** (2009). Family Therapy with Black Families: Implications for Effective Therapy. Poster session at National Council on Family Relations, San Francisco, CA.

Hall, C. A. (2009). Racial Discourse: Perspectives from African American Clients. Poster session at American Association for Marriage and Family Therapy National Conference, Long Beach, CA.

Awosan, C. I., Sandberg, J.G., & **Hall, C. A.** (2008). Understanding the Experience of Black Clients in Marriage and Family Therapy. Poster session at the American Association for Marriage and Family Therapy National Conference, Austin, TX.

Hall, C. A. (2007). Living with Grief: Before and After the Death. Local panelist for the National Hospice & Palliative Care Organization Tele-Conference.

Hall, C. A. (2007). 10<sup>th</sup> Annual Spiritual Care Seminar: invited panelist.

Hall, C. A. (2006). Clinical Implications for Working with Clients Who Have Experienced the Death of a Child. Poster session at Kansas State Student Research Conference.

### COMMUNITY PRESENTATIONS

Ungureanu, I., Tolbert, C., Brown, K., & Hall, C. (2017). New Beginning: PhD in Couple and Family Therapy (CFTD). Poster presentation at Adler University's Board of Trustee's Fair, Chicago, IL.

Invited Panelist (2017). The Impact That Cultural Appropriation Has On the Mental Health of People of Color. Panel for the Adler University Common Hour, Chicago, IL.

Invited Panelist (2017). Black in White Academia: Continuing the Conversation. Panel for the Adler University Common Hour, Chicago, IL.

Hall, C. A. (2017). Process Group Training for Black Students Asked to Facilitate Groups Addressing Racial Trauma. Adler University, Chicago, IL.

Invited Panelist (2016). Black in White Academia. Panel at the Multifaceted Themes of Diversity Conference, Chicago, IL.

Invited Panelist (2016). Exploring Your Potential: Options After a MA in Family Therapy. Illinois MFT Futures Conference, Chicago, IL.

### **AFFILIATIONS**

American Association for Marriage & Family Therapy

Association for Death Education & Counseling

Council on Contemporary Families

International Family Therapy Association

International Black Doctoral Network Association

National Council on Family Relations

Greater Upstate New York Association of Death Education & Counseling-Board member

2007-2009

### **AWARDS**

Adler University, CFT Doctoral Faculty of the Year

2018

Syracuse University Social Justice Award

2006

## **CLINICAL PRACTICE**

### Private Practice

#### Family Therapist (2014-present)

- Provide therapy to couples, families and individuals
- Provide supervision and supervision-of-supervision to MFT's

### Hall & Hay Consulting Associates, LLP

#### Co-founder and CEO of Central Division (2010-present)

- Provide grief and loss workshops, seminars, & training to professionals
- Design custom support groups and supportive programming
- Nominated for the 2014 Small Business of the Year by the Small Business Administration

### SCO Family of Service, Madonna Heights Deer Park, NY

#### Therapist (July 2010-Aug. 2011)

- Provided therapy to adolescents and families in the community.
- Designed and implement treatment plans for assigned cases.
- Provided diagnostic assessments and prepare materials for clinical record.

### Hospice of Central New York Liverpool, NY

#### Bereavement Therapist (Aug. 2005 –Aug. 2009)

- Provided grief therapy to individual, couples, families and children.
- Specialized in complicated grief, sudden & traumatic loss, anticipatory grief, and adolescents.
- Developed and facilitated the ongoing teen grief group.
- Developed and led team to establish a satellite office to address access barriers and engage African American clients.
- Provided consultation, short-term support and referral to hospice staff and volunteers related to dying and grieving process.
- Served as a resource for consultation with professionals, volunteers and community agencies in the field of bereavement.
- Applied and received community grant to fund AAMFT '06 and '08 conferences